



Elite Academic Academy
Physical Education Log

Student Name _____ Grade Level _____

Please record all physical activities below. Studies show that physical activity increase student's ability to learn.

Date	Physical Activity	Hours	Parent/Supervisor Signature	Date	Physical Activity	Hours
7/1/20				7/22/20		
7/2/20				7/23/20		
7/6/20				7/24/20		
7/7/20				7/25/20		
7/8/20				7/27/20		
7/9/20				7/28/20		
7/10/20				7/29/20		
7/11/20				7/30/20		
7/13/20				7/31/20		
7/14/20				8/1/20		
7/15/20				8/3/20		
7/16/20				8/4/20		
7/17/20				8/5/20		
7/18/20				8/6/20		
7/20/20				8/7/20		
7/21/20				8/8/20		
	Hours for this time period				Hours for this time period	

Total Hours for this learning period: _____



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Write a short summary of what skill you learned this learning period, what skill you improved, or a health related or nutritional concept you implemented and why.
