



FAMILY WATER SAFETY



Drowning can happen quickly and quietly, even to strong swimmers. Always be aware of safety rules and skills to reduce the risk of drowning.

Tip #1: Do not swim alone.

Always supervise around pools, beaches, lakes, rivers and bathtubs.

Tip #2: Wear the appropriate gear.

Wear a lifejacket when boating or participating in water activities.

Tip #3: Know the rules & follow them!

Follow pool and beach safety rules and regulations. Follow commands and listen to lifeguard instructions.

Local Water Safety Resources

IMPERIAL COUNTY

INYO COUNTY

KERN COUNTY

LOS ANGELES COUNTY

CALIFORNIA DEPARTMENT OF HEALTH

ORANGE COUNTY

RIVERSIDE COUNTY

SAN BERNADINO COUNTY

SAN DIEGO COUNTY